



The Finnish Clubhouse Coalition

Everything Starts with Equality

Project Coordinator Peppi Laine 21.8.2018

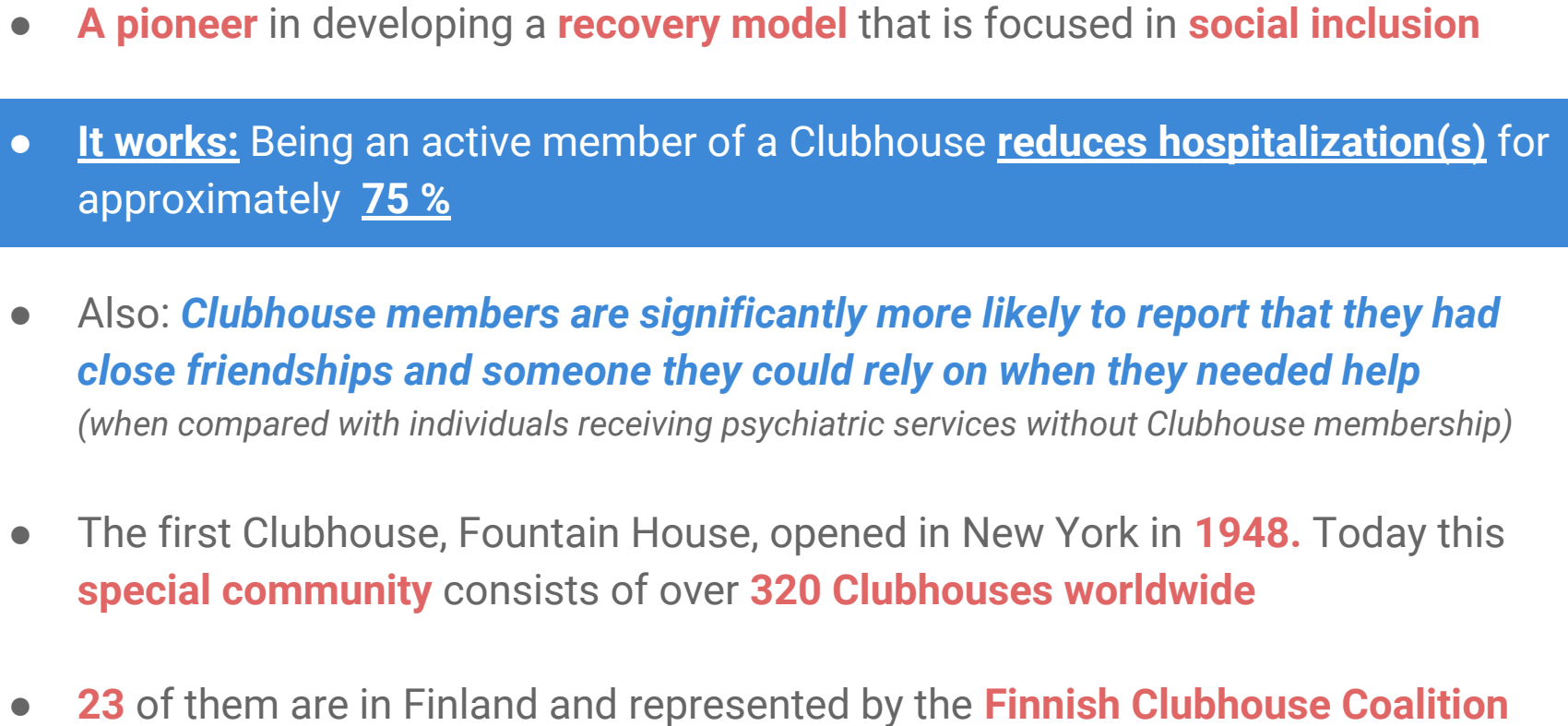




What is a Clubhouse?

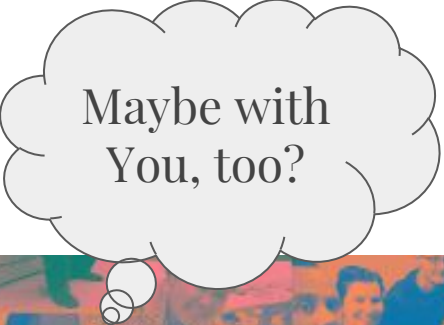
- **The Clubhouse Model** of Psychosocial Rehabilitation is a comprehensive and dynamic, **non-clinical program** of support and opportunities for people with mental illnesses
- Focuses on the **strengths** and **recovery** of the individual, rather than their illness
- A unique **working community** where members and staff work **as colleagues**
- Provides members with empowering opportunities to return to paid employment in **integrated work settings** through both Transitional Employment and Independent Employment programs



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- **A pioneer** in developing a **recovery model** that is focused in **social inclusion**
 - **It works:** Being an active member of a Clubhouse **reduces hospitalization(s)** for approximately **75 %**
 - Also: ***Clubhouse members are significantly more likely to report that they had close friendships and someone they could rely on when they needed help***
(when compared with individuals receiving psychiatric services without Clubhouse membership)
 - The first Clubhouse, Fountain House, opened in New York in **1948**. Today this **special community** consists of over **320 Clubhouses worldwide**
 - **23** of them are in Finland and represented by the **Finnish Clubhouse Coalition**

Finnish Clubhouse Coalition

- **Supporting** the Finnish Clubhouses & securing **good operating conditions** for them
- **Promoting** and **cultivating** the **Clubhouse Model**: Modernizing methods & turning our gaze outwards
- **A community-based approach**: Strategy work with service design methods & training one another
- Multiprofessional and international **collaboration**



Maybe with
You, too?

Reference List

- Clubhouse International: [Mission and History](#)
- Clubhouse International: [Clubhouse Outcomes](#)
- Suomen Klubitalot ry: [Finnish Clubhouse Coalition In English](#)
- Hänninen, Esko 2017: [Klubitalomenetelmä on tuottava sijoitus rahoittajille](#)

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