

mieli

**The Finnish Association
for Mental Health**

“This project has received funding from the European Union’s Horizon 2020 research and innovation programme under the Marie Skłodowska-Curie grant agreement No 690954”.

mieli





The Finnish Association
for Mental Health

From whole-of-government to whole-of-society policy making

Participation and mental health in all policies the EU

CRISP seminar

12.12.2017

Johannes Parkkonen

Project Coordinator

Finnish Association for Mental Health

“This project has received funding from the European Union’s Horizon 2020 research and innovation programme under the Marie Skłodowska-Curie grant agreement No 690954”.



A brief history of EU Mental Health Collaboration

2005

- Green Paper for Mental Health “Improving Mental Health of the population. Towards a strategy on mental health for the European Union”

2008-2011

- The European Pact for Mental Health and Well-being

2011

- Adopted Council Conclusions “The European Pact for Mental Health and Well-being: results and future actions”

2013-2016

- The Joint Action on Mental Health and Well-being

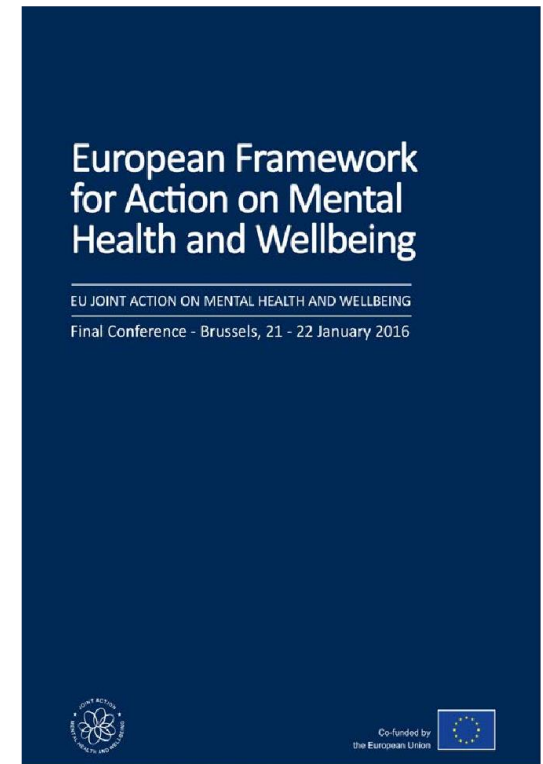
2015-2018

- The EU Compass for Action on Mental Health and Well-being (2015)

The Framework for Action on Mental Health and Wellbeing

Objective 5. Partnering for Progress

- Strengthen synergies between EU-health policy and further relevant EU policies, particularly those relating to human rights, employment, social support and research;
- Promote cooperation with relevant stakeholders and other international organisations in Europe;
- *Empower users of mental health services as partners in all steps of mental health policy and its implementation.*



Framework - Principles

3. Promotion of **human rights-based approach**, preventing stigmatisation, discrimination and social exclusion;
4. Development of **recovery-oriented, socially inclusive and community-based approaches**;
5. **Empowerment** and involvement of patients, families and their organisations;

JA Recommendations for MHiAP

- 5) **Inclusion of communities, social movements and civil society.**
 - Better public involvement is needed in order to trigger governance actions and increase transparency

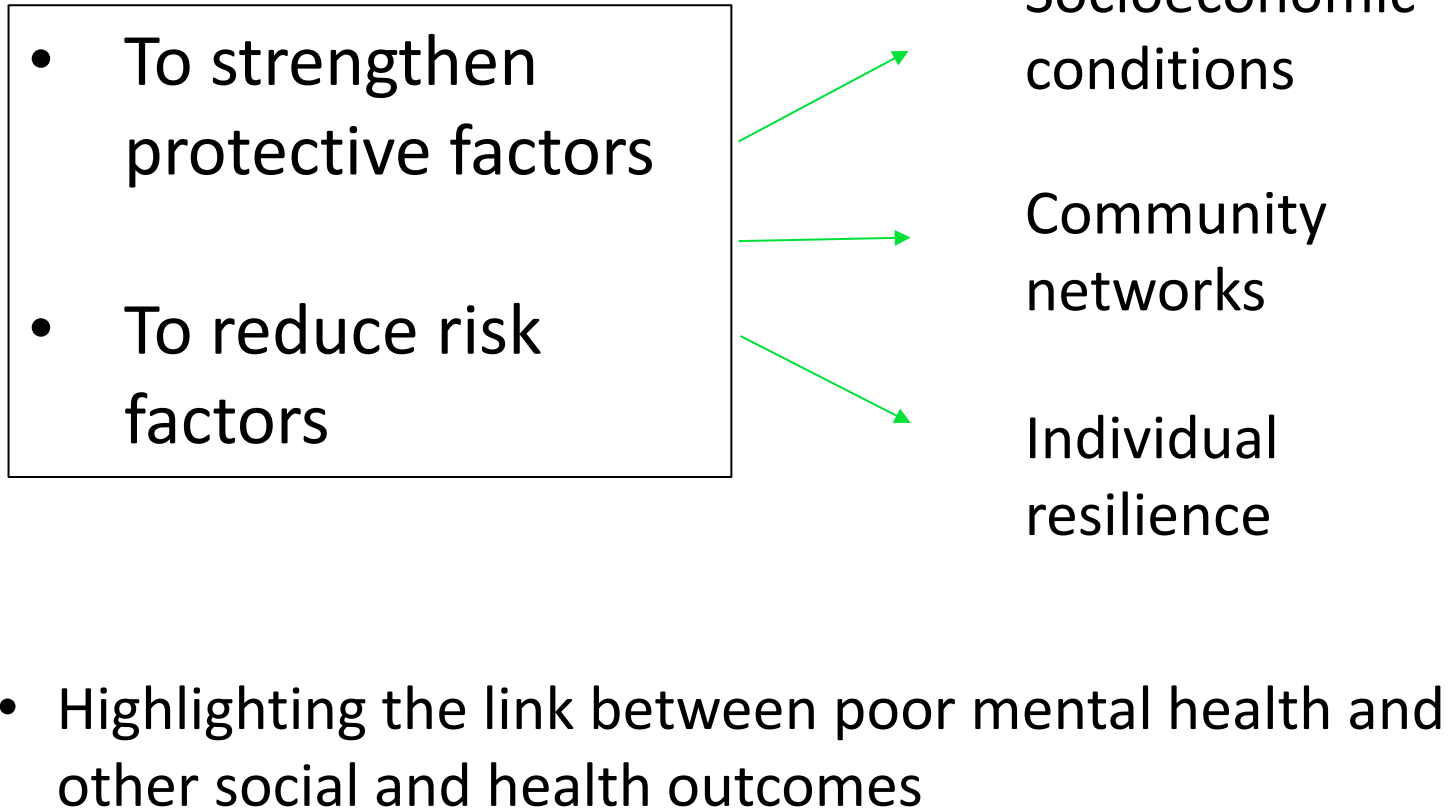
Mental Health in All Policies (MHiAP)

- Many individual, familial and societal determinants of mental health lie in non-health policy domains
- Consequently, mental health is determined by actions in many relevant sectors of the society
- MHiAP is an approach to promote population mental health by initiating and facilitating action within different non-health public policy areas.
- Emphasises the impact of public policies on mental health determinants
- Aims to highlight the opportunities offered by mental health to different policy areas





Intersectoral actions as part of MHiAP



Windows of opportunity

Issues - Raising and sustaining mental health on the agenda



- Improve the understanding of public, policy-makers and the media
- Open political and public debate to increase commitment

Tools - Creating and evaluating solutions

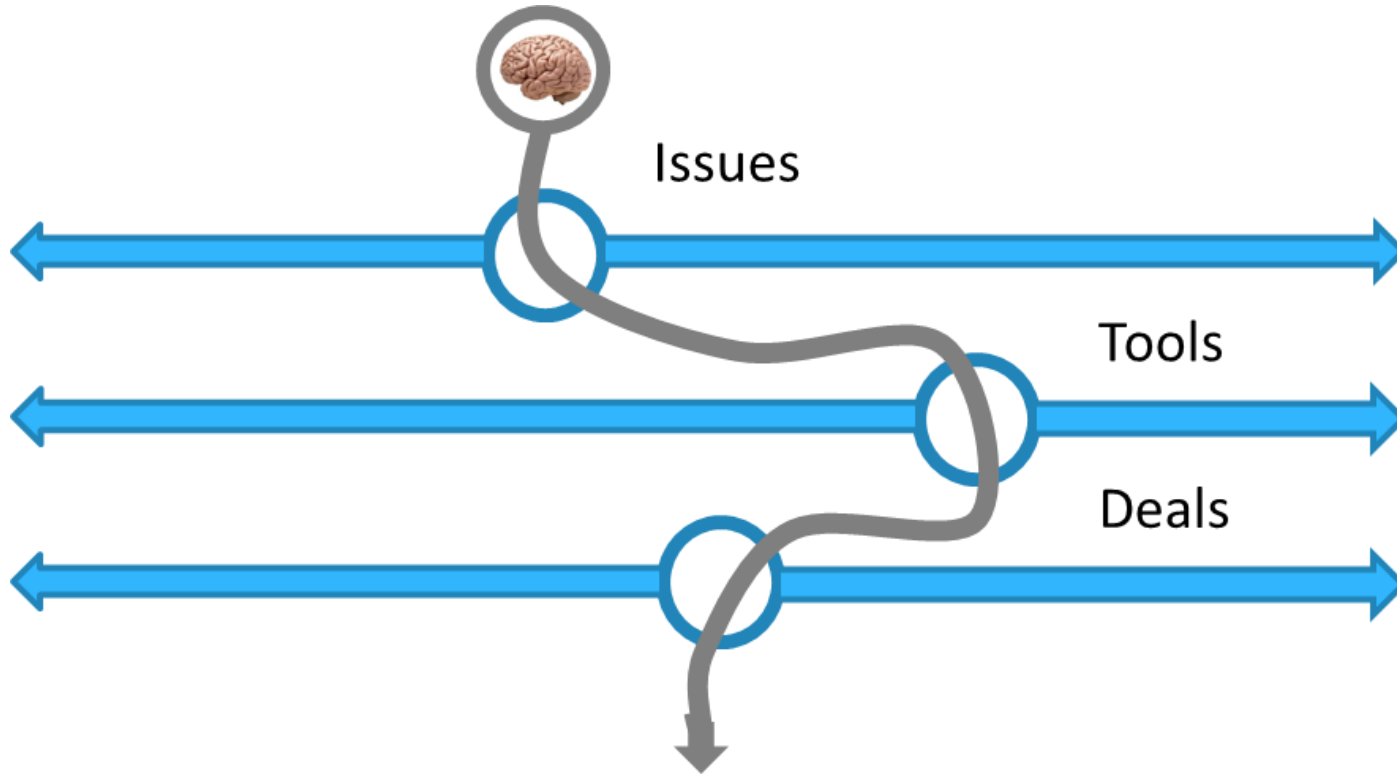


- Various criteria, such as technical feasibility, congruency with existing values, public acceptability, receptiveness with politicians, and future constraints can be considered

Deals - Creating, identifying and tapping suitable political moments



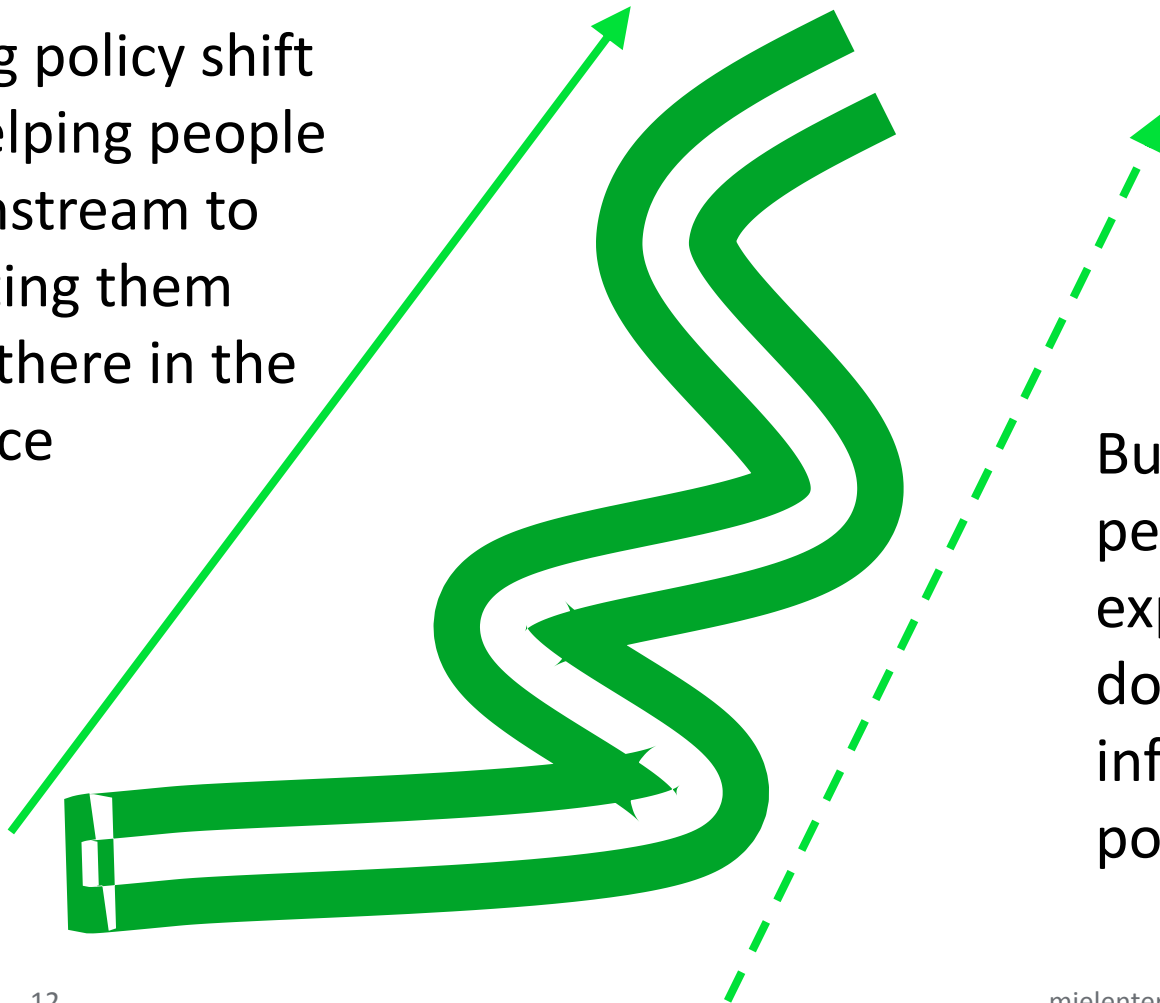
- Policy \leftrightarrow Implementation gap is a challenge
- Demonstrating effects in terms of mental health outcomes
- Often mental health-friendly policies do not cost anything



**Alignment of issues, tools and deals
allows mental health to come through**

From downstream to upstream – in policy *and* involvement

Ongoing policy shift
from helping people
in downstream to
preventing them
ending there in the
first place



But we also need
people with real
experience of the
downstream to
influence that
policy making

The European Pillar of Social Rights

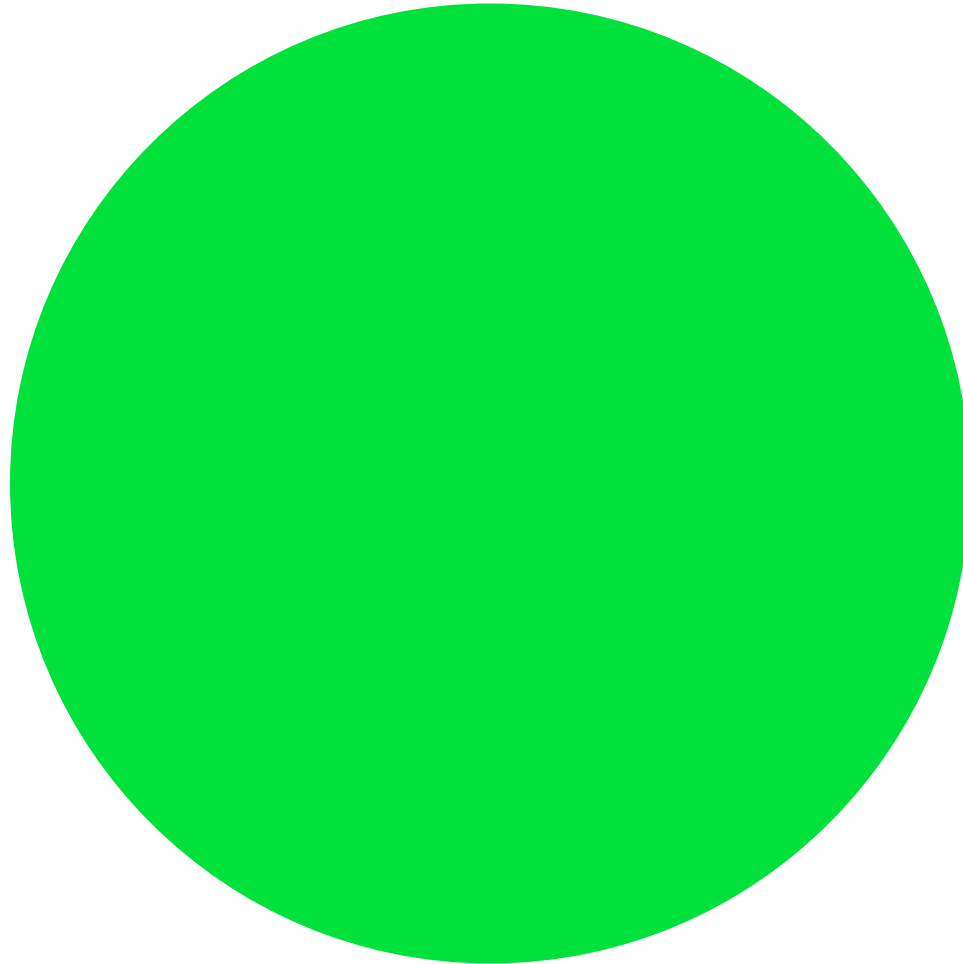
Three areas:

- Equal opportunities and access to the labour market
- Fair working conditions
- Social protection and inclusion

A fairer and more social Europe is also simply what citizens expect...the Pillar will help us avoid a race to the bottom and encourage a race to the top.

- Marianne Thyssen, European Commissioner for Employment, Social Affairs, Skills and Labour Mobility

Thank you!



Mental health can be strengthened