

# Representing Voices and Perspectives: Guiding Framework for Inclusion

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## Determinants of Inclusion in Behavioral Health

- Agency, freedom, belonging, trust, rights, dignity
- Social capital, institutional recognition, public safety, accessible resources
- Disability, poverty, physical (in)security

Values

Structures

Practices

## Mechanisms of Inclusion in Behavioral Health

- Health, well-being, productivity, 'legality', morality, secularism, white supremacy
- Insurance/ security schemes, diagnostic standards, curriculum (healthcare professionals, policy education, etc.), psychopharmacology
- Services, approaches, applications/ assessments, documentation

# Guiding Questions

- What does inclusive society mean?
  - Who gets to decide?
    - What is recovery? What does belonging look like? Who did we ask and why did we choose to ask those people?
  - Who is already 'in'?
    - Employment – nuclear families – health – economic self-sufficiency – education
  - What is the dominant narrative?
    - Are persons who are isolated able to meaningfully contribute to creation of the dominant narrative?
  - How is our approach embedded in our own personal context/ privilege?
    - What can we work toward solutions in a way that navigates our personal experiences in relationship to others with a different and equally valid context? What do institutions look like when they do not take everyone into account? How do our personal narratives inform structural exclusion?